
Educator as First Responder: Understanding Adult Trauma & Drama in Schools

This workshop proposes the theory that educators, much like veterans, police and firefighters, are first responders-the implications here matter!

It's not surprising that some describe our biggest challenges in education, politics, health-care, addressing poverty, sustaining the environment, etc. as “*wicked problems*.” It makes sense then, that leaders must develop personally, or “vertically” and practice significantly different ways of *doing, being, and relating*, to resolve the most complex challenges.

**SHOCK AND TRAUMA SIGNIFICANTLY IMPACT OUR
WAYS OF DOING, BEING AND RELATING**

Research demonstrates the impact of trauma and shock on first responders and how these experiences impact their well-being. Well-being determines our behavior and influences our ability as individuals and teams to achieve desired results.

Participants will learn the differences between shock and trauma; how the experience of trauma impacts children and adults; the significance of early trauma; the impact of trauma on the brain; who is likely to suffer from trauma; assessing for trauma; principles of Trauma Informed Practice; and a variety of modalities used to treat and heal both shock and trauma.

Having developed a shared understanding about the impact and prevalence of shock and trauma, *with the focus on adults*, participants will explore how trauma related issues surface in the school setting.

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